

SERVICES AVAILABLE WITHIN THE SYDNEY METROPOLITAN AREA



Northcott is able to provide a variety of different services to families living within the Sydney Metropolitan Area.

- Speech Pathology
- Occupational Therapy
- The P.L.A.Y. Project
- Computer Assistive Technology

SPEECH PATHOLOGY

Northcott's highly trained Speech Pathologists understand the difficulties faced by children with ASD and are fully equipped to deliver speech pathology intervention to suit your child's individual needs. The Northcott speech pathologists work with children and their families to promote your child's ability to communicate their needs and wants, and to interact socially with others. The speech pathologist also works to develop a child's understanding of language, such as following instructions or participating in simple conversations and developing their concept knowledge. In conjunction with the occupational therapist, a speech pathologist can also help your child with understanding change in their environment and daily routine and reducing their anxiety and frustrations that this can cause.

Our Speech Pathologists are trained in The Picture Exchange Communications System (PECS); Social Stories™; Hanen "It Take Two to Talk"; Hanen "More Than Words"; The P.L.A.Y. Project (based on D.I.R.®Floortime™). They also have a good understanding of how sensory issues can impact a child with ASD and work closely with the Occupational Therapists to implement strategies to suit your child's needs.

Speech Therapy is available in the following formats:

CENTRE BASED:

- Centre based therapy is currently available at Northcott's Parramatta and Campbelltown offices.
- Centre based therapy will be provided between the hours of 8.00am – 4.30pm
- Centre based therapy will be provided for a set fee Please see NECAS fee summary for more detailed information
- Centre based therapy will be provided on specific days. Please see NECAS schedule for more detailed information

HOME AND/OR SCHOOL/PRE-SCHOOL BASED:

- Home and/or school based therapy will be provided between the hours of 9.00am – 4.00pm
- Home and/or school based therapy will be provided to families within 20km of a Northcott Office for a set fee, depending on whether the location is within Zone 1 or Zone 2 (see map). Please see NECAS fee summary for more detailed information
- Home and/or school based therapy will be provided on specific days in specific areas. Please see NECAS schedule for more detailed information

OCCUPATIONAL THERAPY

Northcott's highly trained occupational therapists understand the difficulties faced by children with ASD and are fully equipped to deliver occupational therapy to suit your child's individual needs. Northcott occupational therapists work with your child and their family to promote the child's ability to independently participate in everyday activities. The occupational therapist has the capacity to work on home or preschool based sensory integration strategies, play skills to foster learning and motor skills to promote integration and independence. In conjunction with the speech pathologist, the occupational therapist can also work with the child and family to develop adaptive techniques and strategies to help the child function within their environments and cope with changes to their daily routines.

Our occupational therapists are trained in Sensory Integration; The P.L.A.Y. Project (based on D.I.R @Floortime™); Therapeutic Listening; Therapeutic Brushing Protocol. They also have a good understanding of communication difficulties faced by children with ASD and work closely with the speech pathologists to implement strategies.

Occupational Therapy is available in the following formats:

CENTRE BASED:

- Centre based therapy is currently available at Northcott's Parramatta and Campbelltown offices
- Centre based therapy will be provided between the hours of 8.00am – 4.30pm
- Centre based therapy will be provided for a set fee Please see NECAS fee summary for more detailed information
- Centre based therapy will be provided on specific days. Please see NECAS schedule for more detailed information

HOME AND/OR SCHOOL BASED:

- Home and/or school based therapy will be provided between the hours of 9.00am – 4.00pm
- Home and/or school based therapy will be provided to families within 20km of a Northcott Office for a set fee, depending on whether the location is within Zone 1 or Zone 2 (see map). Please see NECAS fee summary for more detailed information
- Home and/or school based therapy will be provided on specific days in specific areas. Please see NECAS schedule for more detailed information

THE P.L.A.Y. PROJECT

The P.L.A.Y. Project intervention is based on the FLOORTIME approach, which utilises techniques designed to help children with an Autism Spectrum Disorder (ASD) resolve the core deficits in social skills, communication and stereotyped or repetitive behaviours. The P.L.A.Y. Project enables parents to meet the 20 hours recommended weekly intensive intervention for young children with ASD. Trained P.L.A.Y. consultants teach parents techniques that are effective, fun and useful in day-to-day interactions with their child with autism. As the visits are in the family home the consultant see the child in an environment that is comfortable for the child and the parents do not have to travel with their child to an unfamiliar setting.

Trained home consultants provide this intervention through 10 home visits a year and are available for telephone support between these visits. These focus on supporting children with ASD to build emotional connections and engage in meaningful relationships with their family and others. It includes parent training useful in day to day interactions, which can be incorporated into daily routines. Parents will then be able to provide the 'intensive' support to children with ASD through their play interactions.

The P.L.A.Y. Project will be provided for a set fee. Please see NECAS fee summary for more detailed information.

COMPUTER ASSISTIVE TECHNOLOGY SERVICES (CATS)

CATS provide support regarding assistive technology options for children with ASD and their families. CATS is staffed by Speech Pathologists and Occupational Therapists with a high level of expertise in Assistive Technology and Early Intervention. Assistive Technology can assist children with ASD in: communicating with others through high-tech communication aides; accessing software programs that will facilitate their learning or assist with the child's understanding of change in their daily routine or environments; independently participating in preschool activities through the use of handwriting alternatives.

CATS will be provided for a set fee Please see NECAS fee summary for more detailed information.

