



# Spina Bifida Adult Resource Team

The Spina Bifida Adult Resource Team is a new initiative funded by NSW Health and commenced in August 2009. The team, which consists of a Clinical Nurse Consultant and a Senior Occupational Therapist, aims to provide clinical consultation, education, support and preventative health strategies to adults with spina bifida.

## Eligibility

Adults aged 18 and over who have Spina Bifida and who are living in NSW.

## Geographical area

The Spina Bifida Adult Resource Team is a state-wide resource team and covers all areas of NSW.

## Services

- Assist any young person making the move from paediatric to adult services
- Orientate any young person to their new adult health service
- Assist with any medical concerns as well as provide education and support to any adult with spina bifida
- Linking adults to appropriate health services as required
- Promote healthy lifestyles for all clients with Spina Bifida
- Attend all adult Spina Bifida Clinics across NSW
- Education to community services about spina bifida

## Referrals

Referrals are taken directly by the Spina Bifida Adult Resource Team. People can refer themselves or any health or community service working with the client can make the referral with the client's permission.

## Cost

There is no charge to use the Spina Bifida Adult Resource Team

## Funding

The service is funded by NSW Health and supported by Northcott Disability Services.

## Contact

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